





AUGUST 2016 at the Ellsworth Public Library

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Play a game and create some art with the Ellsworth Public Library staff at National Night Out! East End Park	2 Atrium Post Acute Care of Ellsworth Outreach 2:00 pm National Night Out 6:30-8:30 pm	3	4 Preferred Senior Living Outreach 1:30 pm Apron To Pavement - 6:00 pm	5 Pre-school Storytime I Love Ice Cream for ages 2 and up 10:30 am Storytime	6
7	8 Tech Time 10:30 am-12:00 pm registration required	9 Family Movie Night 6:00 pm Bring a blanket and we'll provide a snack! 	10 Job Service Assistance 11:00 am-1:00 pm	11 Morning Book Club "Five Days at Memorial" 10:30 am Cooking From Scratch-Ice Cream Middle & High School Youth 3:30 pm registration required Apron To Pavement - 6:00 pm	12	13
14 Ellsworth Fire Department Community Parade 1:00 pm Watch for the Ellsworth Public Library staff in the parade!	15	16 Terry Fisk "Live to 100" 10:00 am library's lower level Legos in the Library ages 5 and up 3:45-4:45 pm 	17	18 Apron to Pavement 6:00 pm	19 Pre-school Storytime Frogs & Turtles for ages 2 and up 10:30 am Storytime	20
21	22	23 P.J. Storytime for ages up to 7 6:30 pm Storytime	24	25 Art With Ann - Photography  Middle & High School Youth 3:30 pm registration required Apron to Pavement 6:00 pm	26 Pre-school Storytime Let's Go to the Beach for ages 2 and up 10:30 am Storytime Last day to complete Accelerated Reader Quizzes	27
28	29	30 Library Board Meeting 5:00 pm	31			



P.J. Storytime
Tuesday August 23 6:30 pm
For children up to age 7 and their families.
Each child will receive a **free book** sponsored by Jump Start to Literacy!

 **NEW PROGRAM**
Play & Learn
Wednesdays, September 21-November 16
10:00-11:30 am

Provides an opportunity for children ages 1-5 to interact with their parents and other children. All groups include parent-child play, parent discussion with a parent educator, children's activity, snack and story. No cost to participate.
Registration is required by calling Family Resource Center St. Croix Valley at 684-4440 beginning August 29th.

"Live to 100"
with Terry Fisk
Tuesday, August 16 10:00 am
lower level of the library

What are the secrets to a long and healthy life? Topics discussed include exercise, intermittent fasting, meditation, and whole-food plant based diets.

From Apron to Pavement
(a cooking and exercise program for adults)
Thursdays, July 7th-August 25th
6:00 pm  

Join us for a weekly walk around town. On the last Thursday of July and August, the program includes a healthy potluck and a guest speaker.

July 25th at 6:30 pm - Guest speaker, **Taren Weyer** "Cooking For Two" will cover cooking for 1-2 people, how to get enough vitamins and minerals, food trends and fads, understanding nutrition labels, and physical activity ideas for all seasons.

This program will include a healthy potluck. Even if you are not a walker, join us on the 25th!